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# Review of Climate Change: Causes, Impacts, and Mitigation Strategies

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# **Abstract**

This review paper synthesizes current knowledge on climate change, examining its observed trends, underlying causes, multifaceted impacts, and potential strategies for mitigation and adaptation. Emphasis is placed on quantifiable changes in global temperature, greenhouse gas emissions, and the socioeconomic and environmental repercussions. Key datasets and summary tables are provided to support the discussion, along with up-to-date references from authoritative sources.

**Keywords:** climate change, Global Warming, Greenhouse Gas Emissions, Mitigation and Adaptation, Environmental Impact

#### 1.Introduction

Climate change is one of the most pressing global challenges of the 21st century. Scientific evidence shows that human activities—especially the burning of fossil fuels and deforestation—have led to unprecedented increases in atmospheric greenhouse gas concentrations. These changes have resulted in rising global temperatures, altered weather patterns, and an increased frequency of extreme events (IPCC, 2021; NASA). This review explores the observed changes, drivers, impacts, and possible strategies to mitigate and adapt to these changes.

# 2.Observed Changes in Climate

Long-term climate records indicate a significant warming trend over the past century. Global average temperatures have risen, and the frequency of extreme weather events has increased. Satellite observations and ground-based measurements reveal not only a rise in temperature but also changes in precipitation patterns and polar ice loss. Table 1 summarizes global average temperature anomalies over key historical periods.

Year Range	Temperature Anomaly (°C)	
1880–1900	-0.12 to -0.08	
1901–1950	-0.05 to 0.10	
1951–2000	0.10 to 0.42	
2001–2020	0.42 to 0.98	

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Source: Data adapted from IPCC and NASA datasets (IPCC, 2021; NASA).

# 3. Drivers of Climate Change

The primary drivers of recent climate change are anthropogenic in nature:

- Greenhouse Gas Emissions: The combustion of fossil fuels for energy and transportation has significantly increased atmospheric CO<sub>2</sub>, CH<sub>4</sub>, and N<sub>2</sub>O levels, intensifying the natural greenhouse effect.
- **Deforestation:** Reducing the number of trees diminishes the Earth's capacity to sequester carbon, further exacerbating atmospheric CO<sub>2</sub> levels.
- **Industrial Processes:** Manufacturing and other industrial activities contribute additional pollutants and aerosols to the atmosphere.

While natural factors such as volcanic eruptions and solar variability also influence climate, the rapid changes observed since the industrial revolution are predominantly due to human actions (IPCC, 2021).

# 4. Impacts of Climate Change

The effects of climate change are diverse, affecting natural ecosystems, human health, and economic systems:

#### • Environmental Impacts:

- o Rising sea levels lead to coastal erosion and threaten low-lying regions.
- o Increased frequency and intensity of extreme weather events such as hurricanes, droughts, and floods.
- o Loss of biodiversity and degradation of ecosystems due to shifting climate zones.

#### • Economic Impacts:

o Infrastructure damage from extreme events results in high recovery and adaptation costs.

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- o Agricultural productivity is affected by unpredictable weather patterns and water scarcity.
- o Increased costs in healthcare and disaster management.

# • Social Impacts:

- o Public health issues, including heat-related illnesses and respiratory problems.
- o Climate-induced displacement of populations and heightened social inequalities.

These impacts highlight the urgent need for effective policy measures and technological innovations to mitigate adverse outcomes (NOAA, 2021).

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# 5. Mitigation and Adaptation Strategies

Addressing climate change requires a dual approach: mitigation to reduce future warming and adaptation to manage the unavoidable impacts. Key strategies include:

# • Transition to Renewable Energy:

o Increasing the share of wind, solar, and hydropower in the global energy mix reduces reliance on fossil fuels.

#### • Energy Efficiency Measures:

 Improving efficiency in industrial, transportation, and residential sectors to lower overall energy consumption.

#### • Afforestation and Reforestation:

 Enhancing natural carbon sinks by expanding forest cover and adopting sustainable land-use practices.

# • Policy and International Cooperation:

- Implementation of international agreements such as the Paris Agreement to collectively reduce emissions.
- o National and local policies to incentivize green technologies and sustainable practices.

# Adaptation Measures:

- o Developing resilient infrastructure and early-warning systems for extreme weather events.
- Enhancing water resource management and agricultural practices to cope with changing climate conditions.

#### 6. Sectoral Contributions to Greenhouse Gas Emissions

Understanding the sources of greenhouse gas emissions is critical for targeting mitigation efforts. Table 2 provides an approximate breakdown of emissions by major sectors.

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Sector	Percentage Contribution
Electricity and Heat	25%
Industry	21%
Transportation	14%
Agriculture	18%
Residential & Commercial	12%
Other	10%

Source: Data adapted from IPCC reports and NOAA datasets (IPCC, 2021; NOAA, 2021).

#### 7. Conclusion

Climate change is an intricate and multifaceted challenge driven largely by human activities. The observed warming trends, coupled with the documented environmental, economic, and social impacts, underscore the need for immediate and coordinated global action. Mitigation efforts such as the transition to renewable energy and improved energy efficiency, along with robust adaptation strategies, are essential for managing future risks. Continued research, technological innovation, and international cooperation remain pivotal to fostering a sustainable future.

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